Medical Checks for Children

Medical Rapport Kenya West 2017



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Introduction

From March the 12th untill March the 18th 2017, a Medical Checks for Children (MCC) team visited locations near Kisumu and Eldoret in western Kenya. Free of cost, the MCC team checked and treated 1068 children aged newborn untill 13 years of age.

The team consisted of Nadine van Dijk, mission leader and medical-end-responsible, emergency physician;Frank van Tunen, entrepneur; Esther Anne Broekhuizen, family doctor; Iris Janssen, family doctor; Janneke Rood, neurologist in training; Lin Smeets, medical doctor; Iris vd Gevel, toxicologist; Jasmijn Huber, medical doctor and Nel Mocking, trainer.



After a explorative mission in 2010, MCC visited Kenia West for the seventh time. Again, the medical checks were organized in close cooperation with the Sophia Foundation for Children (SFFC) (www.sophia-foundation.com).

Technical equipment and some of the supplies were brought from Europe by the MCC team members. Most of the medication was ordered through SFFC in Kenia. Additional local medication was purchased from the main pharmacy in Nairobi and taken with us to Kenia West.

Our special thanks go to Nopi and Tazos for their direct support during our medical camp and their help in all the necessary preparations during the year. Special thanks go to the translators and teachers.

Medical Checks for Children on location:

During the medical checks, the children were checked following the MCC carrousel:

- 1. Registration of the child
- 2. Measuring height and weight
- 3. Blood test for haemoglobin
- 4. Physical examination



- 5. Giving medication and education about the correct use of it (pharmacy)
- 6. Education on hyginics and tooth brushing (a tooth brush was given to each child)

Anthropometric measurements were recorded, and a finger prick sample was taken for determination of the haemoglobin (Hb) concentration. Each child was examined by a Medical Doctor. History of illnesses in the preceding four weeks was recorded. Specifically, caretakers were asked if the child had diarrhoea, an upper respiratory infection, vomiting, eating soil (pica), decreased appetite and weight loss.

They were also asked if their child received treatment for any of these, and if so, from where. The data of the children were analysed through the MCC data base.

The medical checks were performed on six days at different locations in Kenia West near the cities of Kisumi at Lake Victoria and near Eldoret. The team visited Kesengei Nusery & Primeray at Kesengei; Kalamai Bay Nursery, Kimerek Nursery at Kimarek; St Peter's Kapkechui at Chipita, Nakuru childrens and reprimand home and Nakuru Womans prison.

At the different locations we checked beside the schoolchildren some young non-schoolgoing children from the villages.

We analysed the data to make a comparison as a group but we did not make a computer analysis on individual basis (table 1)

For the schools at Kimarek, Kesengei and St. Peters we did a sepate analysis for the baby classes. In Kenya children as old as 5 years can still be in babyclass. However, for this analysis all children of age 0-5 year seen at these locations were added to the baby class (e.g. Kesengei baby), in addition all other non-school—going-children of the community were added to this group. The rest of the school children were pooled together (all above 1, e.g. Kesengei).

During the years the ratio between girls and boys is stable.

Locations / Date	12-03-17	13-03-17	14-03-17	15-03-17	16-03-17	17-03-17	18-03-17	Total
Kamalabei baby	0	27	0	0	0	0	0	27
Kamalabei school	0	137	0	0	0	0	0	137
Kamalabei village	0	38	0	0	0	0	0	38
Kesengei baby	0	0	45	3	0	0	0	48
Kesengei school	0	0	133	93	30	0	0	256
Kesengei village	0	0	5	3	0	0	0	8
Kimarek baby	35	0	0	0	0	0	0	35
Kimarek school	159	1	0	0	0	0	0	160
Kimarek village	36	0	0	0	0	0	0	36
Nakuru Remand home	0	0	0	0	0	0	49	49
Nakuru Womans Prison	0	0	0	0	0	0	16	16
St Peters School	0	0	0	0	121	64	0	185
St Peters village	0	0	0	0	23	17	0	40
(blank)	0	0	0	0	0	0	0	0
Total	230	203	183	99	206	82	65	1068

Table 1: Total children per location

	То	tal	Kama ba		Kama sch		Kama villo		Kese ba	•	Kese sch	•		engei age
	10	68	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
Age	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
<=1 year	47	4%	0	0%	0	0%	11	29%	0	0%	0	0%	3	38%
>1 en <5 years	200	19%	18	67%	16	12%	25	66%	31	65%	8	3%	4	50%
<5 years	247	23%	18	67%	16	12%	36	95%	31	65%	8	3%	7	88%
>=5 en <=10 years	741	69%	9	33%	119	87%	2	5%	17	35%	245	96%	1	13%
>10 years	80	7%	0	0%	2	1%	0	0%	0	0%	3	1%	0	0%
Gender														
Воу	546	51%	17	63%	70	51%	22	58%	24	50%	126	49%	4	50%
Girl	522	49%	10	37%	67	49%	16	42%	24	50%	130	51%	4	50%

Table 2: Number. age and gender distribution of the 1068 checked children at the different locations

	Kima bab		Kimo sch		Kimo villo		Nak Rem hor	and	Nak Wom Pris	ans	St Pe Sch		-	'eters lage
	Total=	35	Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
Age	n	%	n	%	n	%	n	%	n	%	n	%	n	%
<=1 year	0	0%	1	1%	9	25%	0	0%	10	63%	0	0%	13	33%
>1 en <5 years	1	3%	19	12%	20	56%	0	0%	6	38%	30	14%	22	55%
<5 years	1	3%	20	13%	29	81%	0	0%	16	100%	30	14%	35	88%
>=5 en <=10 years	34	97%	131	82%	4	11%	1	2%	0	0%	173	79%	5	13%
>10 years	0	0%	9	6%	3	8%	48	98%	0	0%	15	7%	0	0%
Gender														
Воу	16	46%	73	46%	16	44%	38	78%	8	50%	105	48%	27	68%
Girl	19	54%	87	54%	20	56%	11	22%	8	50%	113	52%	13	33%

Percentage of children also checked last year

	Te	otal	Kama ba		Kama sch		Kama villa		Kese bal	•	Kese sch	•	Kese villo	•
	1	068	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
No	472	44%	27	100%	59	43%	38	100%	46	96%	50	20%	7	88%
Yes	592	55%	0	0%	78	57%	0	0%	2	4%	202	79%	1	13%

		narek aby	Kimo sch		Kimo villo		Nak Rem hor	and	Nak Worr Pris	ans	St Pe sch		St Pe villo	
	То	tal= 35	Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
	N	%	n	%	n	%	n	%	n	%	n	%	n	%
No	2	6%	30	19%	32	89%	49	100%	12	75%	80	37%	40	100%
Yes	33	94%	130	81%	4	11%	0	0%	4	25%	138	63%	0	0%

This year we tried to locate the old files of all the children which should have been seen last year according to the school or according to the caretakers. About half of the children we saw were seen in previous years. This seems to be in concordance with other locations.



1: Growth abnormality and malnutrition:

Overall data of growth abnormalities in the last 3 years.

All locations	2015	2016	2017	
underweight	17%	10%	9%	
stunting	20 %	11%	8%	
wasting	6%	5%	5%	

Malnutrition has been related to poor cognitive and school performance. There is strong evidence to suggest that malnutrition places children under the age of 5 at increased risk for mortality. Malnutrition is thought to account for one third of all deaths of children under five years of age (UN Millennium Developmental Goals).

Percentages of growth retardation is correlated with poverty, malnutrition, living conditions, hygiene and the prevalence of chronic diseases.

The major causes of malnutrition are poor feeding practices and or lack of food inadequate childcare. Adequate food intake and education programs addressing nutrious food need to be provided.

Therefore, we assessed growth abnormalities, measuring and weighing all children in a standardized fashion, using the following criteria:

- Underweight = weight for age at or under the third percentile of the reference population (WHO growth curves), only children up to 10 years old. This is an indicator of malnutrition or weight loss because of disease.
- Stunting = height for age at or under the third percentile of the reference population, (WHO growth curves) only children up to 19 years of age. This is an indicator of chronic malnutrition.
- Wasting = weight for height at or under the third percentile of the reference population(WHO growth curves), only children up to 120 cm in height. This is an indicator of acute malnutrition.

The reported incidence for underweight (Kenya Statistical Factsheet WHO) is 16,5 % and for stunting 36%. These data are still the most recent WHO/Unicef country data from 2013.

Analysis of the nutritional status shows significant differences among the locations visited (see table 4, 5 and six) Within the children assessed, it is unknown how many children have HIV related weight loss (wasting syndrome).



Table 4 Prevalence of Weight/age (Underweight) on or below P3 per GEOGRAPHICAL LOCATION by AGE and GENDER

	То	tal		alabei aby	Kama scho		Kama villo		Keser bak	-	Keser scho	-	Kese villo	•
	10	68	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Underweight	100	9%	4	15%	10	7%	11	29%	13	27%	26	10%	1	13%
No underweight	963	90%	23	85%	125	93%	27	71%	35	73%	229	90%	7	88%
Unknown	3	0%	0	0%	2	1%	0	0%	0	0%	1	0%	0	0%
Underweight children	per ag	e												
<=1 year	4	9%	0	0%	0	0%	3	27%	0	0%	0	0%	0	0%
>1 en <5 years	27	14%	1	6%	1	6%	8	32%	6	19%	2	25%	1	25%
<5 years	31	13%	1	6%	1	6%	11	31%	6	19%	2	25%	1	14%
>=5 en <=10 years	68	9%	3	33%	9	8%	0	0%	7	41%	24	10%	0	0%
>10 years	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Underweight children	per ge	ender												
Воу	55	10%	3	18%	3	4%	9	41%	5	21%	15	12%	0	0%
Girl	45	9%	1	10%	7	11%	2	13%	8	33%	11	8%	1	25%

	Kima ba		Kimo sch		Kimo villo		Nak Rem hor	and	Nak Wom Pris	ans	St Pe scho		St Pe villa	
	Total=	35	Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Underweight	6	17%	9	6%	6	17%	1	2%	2	13%	9	4%	2	5%
No underweight	29	83%	151	94%	30	83%	48	98%	14	88%	208	95%	37	93%
Unknown	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Underweight children	per ag	e												
<=1 year	0	0%	0	0%	0	0%	0	0%	1	10%	0	0%	0	0%
>1 en <5 years	0	0%	1	5%	4	20%	0	0%	1	17%	0	0%	2	9%
<5 years	0	0%	1	5%	4	14%	0	0%	2	13%	0	0%	2	6%
>=5 en <=10 years	6	18%	8	6%	2	50%	0	0%	0	0%	9	5%	0	0%
>10 years	0	0%	0	0%	0	0%	1	2%	0	0%	0	0%	0	0%
Underweight children	per ge	nder												
Воу	4	25%	5	7%	3	19%	1	3%	1	13%	4	4%	2	7%
Girl	2	11%	4	5%	3	15%	0	0%	1	13%	5	4%	0	0%

Table 5 Prevalence of Height/age (Stunting) on or below P3 per GEOGRAPHICAL LOCATION by AGE and GENDER

	То	otal	Kamal bab		Kama scho		Kama villa		Kese bal	•	Kese sch	•	Kese villc	•
	1	068	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	N	%	n	%	n	%	n	%	n	%	n	%	n	%
Stunting	87	8%	4	15%	3	2%	13	34%	12	25%	17	7%	2	25%
No stunting	979	92%	23	85%	133	98%	25	66%	36	75%	239	93%	6	75%
Unknown	1	0%	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%
Stunting children per	age													
<=1 year	11	23%	0	0%	0	0%	4	36%	0	0%	0	0%	0	0%
>1 en <5 years	31	16%	2	11%	0	0%	9	36%	9	29%	0	0%	1	25%
<5 years	42	17%	2	11%	0	0%	13	36%	9	29%	0	0%	1	14%
>=5 en <=10 years	41	6%	2	22%	3	3%	0	0%	3	18%	16	7%	1	100%
>10 years	4	5%	0	0%	0	0%	0	0%	0	0%	1	33%	0	0%
Stunting children per	gend	er	•	•										
Воу	50	9%	2	12%	1	1%	11	50%	4	17%	9	7%	1	25%
Girl	37	7%	2	20%	2	3%	2	13%	8	33%	8	6%	1	25%

	Kimc bal		Kimo sch		Kimo villo		Nak Rem hor	and	Naku Wom Priso	ans	St Pe scho		St Pe villa	
	Total=	35	Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Stunting	5	14%	8	5%	11	31%	1	2%	5	31%	4	2%	2	5%
No stunting	30	86%	152	95%	25	69%	48	98%	11	69%	214	98%	37	93%
Unknown	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Stunting children per	age	-	-											
<=1 year	0	0%	1	100%	1	11%	0	0%	4	40%	0	0%	1	8%
>1 en <5 years	0	0%	1	5%	8	40%	0	0%	1	17%	0	0%	0	0%
<5 years	0	0%	2	10%	9	31%	0	0%	5	31%	0	0%	1	3%
>=5 en <=10 years	5	15%	6	5%	2	50%	0	0%	0	0%	2	1%	1	20%
>10 years	0	0%	0	0%	0	0%	1	2%	0	0%	2	13%	0	0%
Stunting children per	gender													
Воу	3	19%	7	10%	5	31%	0	0%	4	50%	2	2%	1	4%
Girl	2	11%	1	1%	6	30%	1	9%	1	13%	2	2%	1	8%

Table 6 Prevalence of Weight/height (Wasting) on or below P3 per GEOGRAPHICAL LOCATION by AGE and GENDER

	Te	otal	Kama ba		Kamal scho		Kama villo		Keser bab	-	Kese sch	ngei ool	Kese villa	•
	1	068	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Wasting	34	5%	0	0%	4	4%	2	5%	2	4%	16	12%	0	0%
No wasting	624	95%	27	100%	95	96%	36	95%	46	96%	116	88%	8	100%
Unknown	409	38%	0	0%	38	28%	0	0%	0	0%	124	48%	0	0%
Wasting children per	age		-	-										
<=1 year	1	2%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
>1 en <5 years	8	4%	0	0%	1	6%	2	8%	1	3%	2	25%	0	0%
<5 years	9	4%	0	0%	1	6%	2	6%	1	3%	2	25%	0	0%
>=5 en <=10 years	25	6%	0	0%	3	4%	0	0%	1	6%	14	11%	0	0%
>10 years	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Wasting children per	gend	er												
Воу	18	6%	0	0%	1	2%	2	9%	2	8%	6	11%	0	0%
Girl	16	5%	0	0%	3	6%	0	0%	0	0%	10	13%	0	0%

	Kima ba		Kima scho		Kimc villa			kuru nd home	Nak Wom Prise	ans	St Pe sch		St Pe villo	
	Total=	35	Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Wasting	3	9%	1	1%	2	6%	0	0%	1	6%	3	3%	0	0%
No wasting	32	91%	84	99%	30	94%	0	0%	15	94%	97	97%	38	97%
Unknown	0	0%	75	47%	4	11%	49	100%	0	0%	118	54%	1	3%
Wasting children per	age													
<=1 year	0	0%	0	0%	0	0%	0	0%	1	10%	0	0%	0	0%
>1 en <5 years	0	0%	0	0%	2	10%	0	0%	0	0%	0	0%	0	0%
<5 years	0	0%	0	0%	2	7%	0	0%	1	6%	0	0%	0	0%
>=5 en <=10 years	3	9%	1	2%	0	0%	0	0%	0	0%	3	4%	0	0%
>10 years	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Wasting children per	gender													
Воу	3	19%	0	0%	1	8%	0	0%	0	0%	3	7%	0	0%
Girl	0	0%	1	2%	1	5%	0	0%	1	13%	0	0%	0	0%

In 2015 the incidence of underweight, stunting and wasting in Kimarek Nursery was 13%, 35% and 1% compared to 15%, 9%, 10% this year. In 2015 the numbers for St Peters overall were 6%, 8% and 2% compared to 4%, 5% and 2%.

Over the years there seems to be a positive trend towards less growth disorders. As always these conclusions must be made with the greatest of care as the population we see differs each year and only half of all children were seen in the previous year.

Of the 16 babies seen in the Nakuru woman's prison 5 had severe mulnutrition (25% stunting). The reality of growing up in these conditions is harse and we do realize that interventions are problematic due to strict regulations and control. We hope that the SFFC will be able to reach out into the secluded community and provide these vulnarable babies with a bit of extra nutrition to help them grow.



The overall prevalence for underweight, stunting and wasting showed minimal decrease in 2017. It is difficult to find a cause for this as the parameters are multifacorial and the groups of children we see show a lot of heterogeneity during the years.

In comparison with previous years the reported incidence of malnutrition and growth retardation is stable and the incidence of stunting is again wel below the reported WHO incidence in Kenya. Selection bias due to the large population of school going kids may be a factor in underreporting severe malnutrition.

During the medical check-ups of this year, we paid again attention to issues of hygiene and nutritional advise. For babies, we advised exclusive breastfeeding up to six months and then start with the introduction of additional foods.

On the schools that are in the feeding programm of the SFFC, each month dry foods are given. Fruit and vegetables are locally purchased and depend on the availability and the season. Also we know that if the schools accept more children as was the case in St.Peters the amount of food is divided between more children. Most of the children get their first meal of the day at school, 11 am porridge and somewhere around noon lunch. The amount of food the children receive at home for dinner could vary widely.

We are aware of the financial problems and, because of draught, scarcity of healthy food for many families.



2: Anaemia:

Overall data of anaemia in the last 3 years.

Overall	2015	2016	2017
Anaemia yes	37%	39%	45%
Hb < 5		2%	1%

Anemia is the most prevalent micronutrient disorder in the world. In Kenya, no national policy has been implemented so far to provide iron supplements to pregnant woman or young children.

While iron deficiency is frequently the primary factor contributing to anaemia, it is important to recognise that the control of anaemia requires a multi-faceted approach.

In addition to iron deficiency, infectious diseases such as worm infections, other chronic infections, particularly HIV-AIDS and tuberculosis, as well as other nutritional deficiencies, and as side effects of ART medication in HIV positive children.

It is unknown how many children with abdominal problems have iron deficiency anaemia and a coexisting H. pylori infection. From literature it is known that one should suspect an infection with H. pylori when the iron deficiency anaemia is refractory to iron administration.



In 470 (39%) children anemia was diagnosed (see table 7). In 21 children (2%, 21/1196) the haemoglobin level was less than 5.0 mmol/l; these children were treated and their Hb was checked 3 months later.

This year the prevalence was in concordence with previous years.

	Te	otal	Kama ba		Kama sch		Kama villo		Keser bat	•	Kese sch	engei Iool	Kese villo	•
	1	068	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Anaemia	476	45%	9	33%	42	31%	12	32%	24	50%	118	46%	3	38%
No anaemia	583	55%	18	67%	91	66%	25	66%	24	50%	138	54%	5	63%
Unknown	6	1%	0	0%	4	3%	1	3%	0	0%	0	0%	0	0%
Hb <5,0 mmol	12	1%	0	0%	0	0%	1	3%	4	8%	1	0%	0	0%
Anaemia per age														
<=1 year	24	51%	0	0%	0	0%	2	18%	0	0%	0	0%	1	33%
>1 en <5 years	98	49%	5	28%	5	31%	9	36%	15	48%	5	63%	1	25%
<5 years	122	49%	5	28%	5	31%	11	31%	15	48%	5	63%	2	29%
>=5 en <=10 years	326	44%	4	44%	36	30%	1	50%	9	53%	112	46%	1	100%
>10 years	28	35%	0	0%	1	50%	0	0%	0	0%	1	33%	0	0%
Anaemia per gender			-											
Воу	242	44%	4	24%	17	24%	8	36%	14	58%	58	46%	2	50%
Girl	234	45%	5	50%	25	37%	4	25%	10	42%	60	46%	1	25%

Table 7: Prevalence of anaemia per geographical location by age and gender

		arek aby	Kimo sch		Kimo villo		Nako Remo hon	and	Nako Wom Priso	ans	St Pe scho		St Pe villo	
	Tot	al= 35	Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Anaemia	16	46%	71	44%	22	61%	19	39%	11	69%	102	47%	27	68%
No anaemia	19	54%	87	54%	14	39%	30	61%	5	31%	115	53%	12	30%
Unknown	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%
Hb <5,0 mmol	0	0%	1	1%	0	0%	1	2%	1	6%	2	1%	1	3%
Anaemia per age														
<=1 year	0	0%	1	100%	5	56%	0	0%	6	60%	0	0%	9	69%
>1 en <5 years	1	100%	10	53%	10	50%	0	0%	5	83%	17	57%	15	68%
<5 years	1	100%	11	55%	15	52%	0	0%	11	69%	17	57%	24	69%
>=5 en <=10 years	15	44%	59	45%	4	100%	0	0%	0	0%	82	47%	3	60%
>10 years	0	0%	1	11%	3	100%	19	40%	0	0%	3	20%	0	0%
Anaemia per gender														
Воу	9	56%	37	51%	10	63%	15	39%	5	63%	45	43%	18	67%
Girl	7	37%	34	39%	12	60%	4	36%	6	75%	57	50%	9	69%

We treated the children with anaemia (and their mothers if they were breast fed) with supplements for three months. If we suspected a vitamin deficiet and/or a infection we gave multivitamins instead of iron supplements.



3: Worm treatment:

Overall data of profylactic antiwormtreatment for all locations in the last 3 years.

All lacations profylaxis	2015	2016	2017
Worm treatment: yes	81%	72%	67%
Worm treatment: no	19%	28 %	37%

A strong relationship exists between a Helminth, an Ascaris Lumbricoides, a Hookworm, a Taenia Trichiura or Saginata (tapeworm) infection and anaemia. In studies Ascaris prevalence percentage is 19.3% and hookworm 7.6%. The incidence/prevalence of Taenia Saginata (tape worm) is not known.

In the last years a de-worming program was established in Kenya where there is a high prevalence of these infections in (school-aged) children yet. Official data show a coverage of this de-worming program of 80%.

If there was a clinical subsicion of an active worm infection or anemnestic clues of a gardia infection, children where treated either with albendazol for na active worm infection or with a course of metronidazol for a suspected gardia infection. We did not treat children below 2 years with profylactic antiwormtreatment following the international guidelines on the subject.

Dysenteria was suspected in 1 children (<1%) who was treated with a course of cotrimoxazol. This year no children were diagnosed with suspected guardia.

Last year we left antiworm tablets to be distributed at the SFFC schools for the twice annual deworming and we see this in the results. We hope the schools and the SFFC will find a way to ensure the twice annual deworming ensure this programm will last wel into the future. The data from the last 3 years show a downward trend in children receiving a twice annual antiworm tablet. A leading rol from schools, teacher and the SFFC is needed more then ever to ensure that governmental programms will keep reaching the vulnerable remote areas we visit during our medical camp.

Table 8: Prevalence preventive anti-worm treatment in the last half-year per geographical location by age and gender

	Te	otal	Kama ba		Kama sch		Kamal villa		Kese ba	•	Kese sch	•	Kese villo	•
	1	068	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Anti-worm	670	63%	26	96%	137	100%	4	11%	48	100%	246	96%	1	13%
No anti-worm	398	37%	1	4%	0	0%	34	89%	0	0%	10	4%	7	88%
Anti-worm per age														
<=1 year	2	4%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
>1 en <5 years	99	50%	18	100%	16	100%	3	12%	31	100%	6	75%	0	0%
<5 years	101	41%	18	100%	16	100%	3	8%	31	100%	6	75%	0	0%
>=5 en <=10 years	552	74%	8	89%	119	100%	1	50%	17	100%	237	97%	1	100%
>10 years	17	21%	0	0%	2	100%	0	0%	0	0%	3	100%	0	0%

		narek aby	Kimo sch		Kimo villo		Nak Rem hor	and	Nak Worr Pris	nans	St Pe sch		St Pe villa	
	То	tal= 35	Total= 160		Total=	36	Total=	49	Total=	16	Total=	218	Total=	40
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Anti-worm	35	100%	158	99%	14	39%	0	0%	0	0%	0	0%	1	3%
No anti-worm	0	0%	2	1%	22	61%	49	100%	16	100%	218	100%	39	98%
Anti-worm per age														
<=1 year	0	0%	0	0%	2	22%	0	0%	0	0%	0	0%	0	0%
>1 en <5 years	1	100%	18	95%	6	30%	0	0%	0	0%	0	0%	0	0%



<5 years	1	100%	18	90%	8	28%	0	0%	0	0%	0	0%	0	0%
>=5 en <=10 years	34	100%	131	100%	3	75%	0	0%	0	0%	0	0%	1	20%
>10 years	0	0%	9	100%	3	100%	0	0%	0	0%	0	0%	0	0%

Health education on the spot was aimed at increasing awareness of worm transmission, the divers problems caused by intestinal helminth and the importance of bi-annual de-worming every six months. At all the visited schools we tried to explain to the teachers and people in charge why this deworming is so important for the children.



4: Pneumonia: (7/1068, 1%) (see table appendix)

"Pneumonia", "coughing", "fast/difficult breathing", "chest indrawing" and "inability to suck milk" are the key words used by care-takers indicating a (severe) ARI (fever with tachypnoe).

The 7 children with a severe acute respiratory infection (ARI) were treated with appropriate antimicrobials and home treatment advice. We saw 4 children with astma/bronchitis. If needed these children were treated with ventolin on the spot and were given instructions about the use of inhalers. In case of babies the mothers were instructed how to use the babyhaler. The SFFC will provide follow up visitis.

5: <u>Cardial problems:</u> (11/1068, 1%) (see table appendix)

Mitral regurgitation or ventricular atrial septal defects being the most common heart problems in the third world. For this condition no treatment is available although a good dental situation is essential for a healthy live.

The MCC carrousel includes a cardial examination. We suspected 1 girl of having a new pathological heart murmur. All the new and old cardiac kids together with their caretakers received extra information about their conditions. The children and their care takers were stressed on teeth brushing procedures. Besides this, they were told to give their child antibiotics when going to a dentist for a teeth extraction. These children were transferred to the Coptic Hospital in Nairobi with a clinical suspicion of severe congenital defect. If necessary we will provide costs for treatment with the Nleuwendijk Foundation. In follow up we saw the 3 cardiac kids who were referred in the previous years with good results. One child will need further follow up with cardiac ultrasound in 2017. But all 3 can be managed nonoperative with a yearly follow up. All results and data are in possesion of the misisonleaders and the SFFC.



6: Skin diseases: (124/1209, 11%) (see table 1 of the appendix)

This year we saw 24 (24/1068, 2%) children with dermatomycoses including tinea capitits; the first time in the last 3 years we see a decline. This could be due to the fact that we only treat tinea capitis with systemic treatment in case of severe disease (> 50% of head affected, or severe syperinfections or growth disorders). We sas 24 children with scabies (2%) and treated 17 children with ivermectin for scabies (2%). We encountered a broad range of different kind of wounds and skin disorders (51/1068, 4%).

We accept a certain degree of underscoring. As tinea capitis is widespread in the schools due to transmission of the fungus bij razorblade and other factors, we only reported and treated the serious cases.

Antifungal cream (eventually in combination with hydrocortison) was given for fungal infections (dermatomycosis) and hydrocortison crème was given for different forms of skin disorders. We did treat the children with severe or infected forms of tinea capitis with griseofulvin.

The reported incidence of skin related problems is stable. We interpreted this as a good sign as we do see a lot on newcomers in our medical camp each year. The awereness at the schools, especially the SFFC schools, for hygiene, sanitation and healthy food could also have an impact here.



7: <u>Dental</u>: (caries not otherwise specified: 77/1068, 7%; painful caries: 44/1068, 4%) In general a high caries prevalence was found. Our reported incidence of 4 % for painfull caries is low. This is due to underscoring. We still see a need for a dental camp en will try to bring our dentis with us next year.

At the last station of the medical carroussel local volunteers gave out toothbrushes and educated the children and their caretakers in teethbrushing.

After starting the brush at school prograam in 2015 in Kimarek and St.Peters, we were happy to see that the schools were still brushing the teeth in the classes. The aim of this project is that all children have their own toothbrush at school. And the whole school brushes their that at school together with the teachers. Washing hands and hygiene is also part of the programm.

We as MCC provided education, instruction folders, brush posters and tooth brushes for the schools. The folders and posters were based on the program developed by NIOSH. The SFFC provided the tooth brush holders for each classroom. In these schools we organized a meeting with all the teachers and selected students who were then in charge of training their classes. The SFFC still does follow-up visits in the classrooms during their montly visits.

8: Other



Further recommendations

Deworming

This year most children of the SSFC schools did receive the antiworm tablet. These tablets were from the MCC/SSFC stock. Unfortunately, the outreach from the governmental programm still appears to differ greatly between locations. If we look at the date from the last 3 years we do see a negative trend.

We need to establish a structure were at least in the SFFC schools the coverage of this profylactic antiworm programme is 100%!

We still recommened to contact the local healthclinics or hospitals responsible for the governmental deworming programme locally and make sure all children of the SSFC schools are reached by this programme.

E.g., is it possible for the teachers to get the albendazol directly from the health clinics for distribution? Or should the SFFC coordinate the twice annual distribuation of the antiworm pills?

<u>Nutrition</u>

The incidence of growth disorders seems to be stable when we compare the results to the results of the last 3 years. The schools were the SFFC has a feeding programm showns an even lower incidence rate of severe growth abnormalities. The anemia rates are stable also in the schools were the SFFC has a feeding programm. Like discussed during the medical camp the young newcommers in the nursery and baby classes seem to have a poor nutrutional state when entering the school. During the years they will benefit the most from the feeding programm.

We would encourange SFFC to proceed with the food programmes at the schools and nurseries. There is a need for further education about nutrition and healthy living for teachers and health workers.

Cardiac problems

Every year we see children with suspected pathological heartproblems. In Kenya there is not any governmental programm for these needy children and the cost of medication and operations fall to their parents.

Heart operations are expensive (KS 100.000) and need extensive follow-up and chronic medication.

In the area of Njeri there is an ngo for heart children Ndugu Zangu who works together with a dutch ngo Heart for a Child's heart. We are trying to find a way to work together.

Skin disorders

Fungal infections of the head are still common. Although the reported incidence is dropping through the years. A probable cause could be the governmental decreet for school children to shave their head. Unfortunately the fungus does spread through dirty razors. Is there a role the SFFC can play in this matter? Is it possible to provide clean razor blades?

In general we see a lot of children with dirty skin due to poor hygenic conditions. This poses a risk for getting skin infections. We do know that water is a problem but should stress that children should clean dirty wounds with water to prevent more serious infections.

Is there a rol a town nurse or dedicated teacher can play in hygiene and wound matters? Are there local believes about skin and wounds we are not aware of?

<u>Teeth</u>

During the years we've seen a lot of children with dental problems. The last dental camp in Western Kenya has been some years ago. We need to make a sustainable plan for the dental care in the areas were the SFFC works. At the moment we are only able to referr children with painfull caries at an adhoc basis. This means only children with pain are being transported to a dental clinic were we pay the full costs. Is there a way to have a more proactive dental plan in the areas were the SFFC works?

This year we were able to raise enough toothbrushes for the brush programm in 2017.



There is also a need for further education of teachers and healthcare workers on the importance of this subject and the role it has in the general health of the children.

Health and Hygiene

In general we notice that knowledge about what is good health and hygiene among children, caretakes and sometimes even teachers is little.

To change the first step is education. Does the SFFC think there is a need for education about food safety, clean water, cleanliness, fit for school and fit for life subjects?

Last words:

Thanks to the amazing support from Marina, Matt, Tazos and Noppi from the Sophia Foundation we were able to give a lot of children their share of medical care and personal attention. We all felt to be part of one big team and all teammembers expressed the wish to come back again next year.

Appendix A Disease prevalence among all children per geographical location

	Тс	otal		alabei aby	Kama sch			alabei age		ngei by		engei nool		engei lage
	10	068	Total		Total=	137	Total=		Total=		Total=	256	Total	-
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Underweight	100	9%	4	15%	10	7%	11	29%	13	27%	26	10%	1	13%
Stunting	87	8%	4	15%	3	2%	13	34%	12	25%	17	7%	2	25%
Wasting	34	3%	0	0%	4	3%	2	5%	2	4%	16	6%	0	0%
Anaemia	476	45%	9	33%	42	31%	12	32%	24	50%	118	46%	3	38%
HIV pos.	3	0%	0	0%	0	0%	1	3%	0	0%	1	0%	0	0%
Malaria (suspected)	3	0%	0	0%	1	1%	0	0%	0	0%	2	1%	0	0%
vitamin deficit (clinical signs)	12	1%	0	0%	7	5%	1	3%	1	2%	0	0%	0	0%
Bilharzia	1	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
syndrome n.o.s.	2	0%	0	0%	0	0%	0	0%	1	2%	0	0%	0	0%
pneumonia (clinical)	7	1%	0	0%	1	1%	2	5%	1	2%	0	0%	0	0%
bronchitis	2	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
BHR/asthma	4	0%	1	4%	1	1%	0	0%	0	0%	0	0%	0	0%
diarrhoea without dehydration	13	1%	0	0%	0	0%	1	3%	0	0%	1	0%	0	0%
active worm infection	31	3%	0	0%	3	2%	1	3%	0	0%	7	3%	0	0%
active lintworm	1	0%	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%
otitis media acuta	2	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
otitis media with effusion	2	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
otitis externa	2	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
(adeno)tonsillitis	1	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
other	3	0%	0	0%	0	0%	0	0%	0	0%	2	1%	0	0%
cariës n.o.s.	77	7%	3	11%	9	7%	4	11%	3	6%	11	4%	0	0%
pain n.o.s	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
caries with pain	44	4%	1	4%	4	3%	0	0%	1	2%	20	8%	0	0%
wounds n.o.s.	6	1%	0	0%	0	0%	1	3%	0	0%	1	0%	1	13%
eczema n.o.s.	6	1%	0	0%	0	0%	0	0%	0	0%	2	1%	0	0%
dermatomycosis	24	2%	2	7%	3	2%	1	3%	4	8%	4	2%	0	0%
Impetigo/furunculosis	13	1%	0	0%	2	1%	0	0%	0	0%	3	1%	0	0%
scabies	25	2%	0	0%	4	3%	0	0%	1	2%	6	2%	0	0%
wounds infected,	15	1%	0	0%	3	2%	2	5%	0	0%	1	0%	0	0%
insect bite	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
other (psoriasis etc)	10	1%	0	0%	0	0%	0	0%	0	0%	2	1%	1	13%
psychomotoric retardation	2	0%	0	0%	0	0%	0	0%	0	0%	0	0%	1	13%
epilepsy	1	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
physiological murmer	8	1%	0	0%	1	1%	0	0%	1	2%	3	1%	0	0%

pathological murmur (suspected)	11	1%	0	0%	1	1%	0	0%	1	2%	1	0%	0	0%
refractory problem	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
keratoconjunctivitis	3	0%	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%
hernia(umbilical etc)	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%

		ek baby	sc	narek hool	vill	arek age	Rei	ıkuru nand ome	Wome	akuru ans Prison	sch	eters 1001	vil	eters lage
	Tota	l = 35	Tota	= 160	Tota	l = 36	Toto	al = 49	Tot	al = 16	Total		Toto	al = 40
	n	%	n	%	n	%	n	%	n	%	Ν	%	n	%
Underweight	6	17%	9	6%	6	17%	1	2%	2	13%	9	4%	2	5%
Stunting	5	14%	8	5%	11	31%	1	2%	5	31%	4	2%	2	5%
Wasting	3	9%	1	1%	2	6%	0	0%	1	6%	3	1%	0	0%
Anaemia	16	46%	71	44%	22	61%	19	39%	11	69%	102	47%	27	68%
HIV pos.	0	0%	0	0%	0	0%	1	2%	0	0%	0	0%	0	0%
Malaria (suspected)	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
vitamin deficit (clinical signs)	0	0%	0	0%	0	0%	1	2%	0	0%	1	0%	1	3%
Bilharzia	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%
syndrome n.o.s.	0	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
pneumonia (clinical)	0	0%	0	0%	0	0%	0	0%	2	13%	0	0%	1	3%
bronchitis	0	0%	1	1%	0	0%	0	0%	1	6%	0	0%	0	0%
BHR/asthma	0	0%	0	0%	0	0%	0	0%	0	0%	2	1%	0	0%
diarrhoea without dehydration	0	0%	0	0%	2	6%	0	0%	0	0%	5	2%	4	10%
active worm infection	0	0%	1	1%	2	6%	3	6%	1	6%	10	5%	3	8%
active lintworm	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
otitis media acuta	0	0%	0	0%	0	0%	1	2%	0	0%	1	0%	0	0%
otitis media with effusion	0	0%	0	0%	2	6%	0	0%	0	0%	0	0%	0	0%
otitis externa	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	1	3%
(adeno)tonsillitis	0	0%	0	0%	0	0%	1	2%	0	0%	0	0%	0	0%
other	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%
cariës n.o.s.	3	9%	8	5%	1	3%	8	16%	0	0%	25	11%	2	5%
pain n.o.s	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
caries with pain	1	3%	6	4%	0	0%	3	6%	0	0%	8	4%	0	0%
wounds n.o.s.	1	3%	1	1%	0	0%	0	0%	0	0%	1	0%	0	0%
eczema n.o.s.	0	0%	0	0%	0	0%	1	2%	1	6%	1	0%	1	3%
dermatomycosis	1	3%	2	1%	1	3%	0	0%	0	0%	4	2%	2	5%
Impetigo/furunculosis	0	0%	3	2%	2	6%	1	2%	0	0%	1	0%	1	3%
scabies	0	0%	1	1%	1	3%	5	10%	3	19%	2	1%	2	5%
wounds infected,	0	0%	2	1%	2	6%	0	0%	0	0%	3	1%	2	5%
insect bite	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
other (psoriasis etc)	0	0%	1	1%	0	0%	3	6%	0	0%	3	1%	0	0%



psychomotoric retardation	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%
epilepsy	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%
physiological murmer	0	0%	0	0%	1	3%	0	0%	0	0%	0	0%	2	5%
pathological murmur (suspected)	0	0%	4	3%	3	8%	0	0%	0	0%	0	0%	1	3%
refractory problem	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
keratoconjunctivitis	0	0%	0	0%	1	3%	0	0%	0	0%	0	0%	1	3%
hernia(umbilical etc)	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%

Appendix C: Treatment among all children per geographical location

	То	tal		alabei 1by		alabei 100l	Kamal villa		Keser bat	•		engei hool		engei lage
	10	68	Total=	27	Total=	137	Total=	38	Total=	48	Total=	256	Total=	8
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Ferro	313	29%	4	15%	24	18%	6	16%	13	27%	77	30%	1	13%
mother iron	9	1%	0	0%	0	0%	1	3%	0	0%	0	0%	0	0%
multivitamins	164	15%	3	11%	19	14%	14	37%	17	35%	37	14%	3	38%
anti-worm	315	29%	1	4%	0	0%	14	37%	0	0%	30	12%	1	13%
acute worm	39	4%	0	0%	3	2%	2	5%	0	0%	13	5%	0	0%
anti-lice	1	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
anti-scabies	17	2%	0	0%	1	1%	0	0%	1	2%	3	1%	0	0%
niclosamide	1	0%	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%
amoxicillin	11	1%	0	0%	1	1%	0	0%	1	2%	0	0%	0	0%
augmentin	2	0%	0	0%	0	0%	1	3%	0	0%	0	0%	0	0%
2e lijns antibiotica	2	0%	0	0%	0	0%	1	3%	1	2%	0	0%	0	0%
ORS	6	1%	0	0%	0	0%	2	5%	0	0%	0	0%	0	0%
eardrops	5	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
mupirocine=Bactroban	1	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
hydrocortisone cream	9	1%	0	0%	1	1%	0	0%	1	2%	2	1%	0	0%
dactarin cream	6	1%	0	0%	0	0%	1	3%	0	0%	1	0%	0	0%
dactacort cream	2	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
fusidin cream	24	2%	0	0%	3	2%	4	11%	0	0%	3	1%	0	0%
sudo cream	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
neutral cream	8	1%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Selsun	3	0%	0	0%	1	1%	0	0%	0	0%	1	0%	0	0%
Eyedrops	6	1%	0	0%	2	1%	1	3%	0	0%	0	0%	0	0%

	Kimarek baby Total= 35		Kimare	Kimarek school		Kimarek village		Remand	Nakuru Womans Prison		St Peters school		St Pete village	-
			Total=	160	Total= 36		Total= 49		Total= 16		Total= 218		Total= 40	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Ferro	12	34%	64	40%	15	42%	15	31%	4	25%	67	31%	11	28%
mother iron	0	0%	0	0%	0	0%	0	0%	5	31%	0	0%	3	8%
multivitamins	6	17%	15	9%	11	31%	4	8%	8	50%	16	7%	11	28%
anti-worm	1	3%	2	1%	11	31%	46	94%	4	25%	181	83%	24	60%
acute worm	1	3%	2	1%	2	6%	3	6%	1	6%	10	5%	2	5%
anti-lice	0	0%	0	0%	0	0%	1	2%	0	0%	0	0%	0	0%



anti-scabies	0	0%	1	1%	1	3%	5	10%	0	0%	3	1%	2	5%
niclosamide	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
amoxicillin	0	0%	1	1%	1	3%	1	2%	3	19%	1	0%	2	5%
augmentin	0	0%	0	0%	1	3%	0	0%	0	0%	0	0%	0	0%
2e lijns antibiotica	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
ORS	0	0%	0	0%	2	6%	0	0%	0	0%	1	0%	1	3%
eardrops	0	0%	2	1%	1	3%	0	0%	0	0%	1	0%	1	3%
mupirocine=Bactroban	0	0%	1	1%	0	0%	0	0%	0	0%	0	0%	0	0%
hydrocortisone cream	0	0%	0	0%	0	0%	1	2%	1	6%	2	1%	1	3%
dactarin cream	1	3%	0	0%	1	3%	0	0%	0	0%	1	0%	1	3%
dactacort cream	0	0%	0	0%	0	0%	1	2%	0	0%	0	0%	1	3%
fusidin cream	0	0%	4	3%	3	8%	1	2%	0	0%	3	1%	3	8%
sudo cream	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
neutral cream	0	0%	0	0%	0	0%	2	4%	2	13%	2	1%	2	5%
Selsun	0	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
Eyedrops	1	3%	0	0%	1	3%	0	0%	0	0%	0	0%	1	3%



Appendix D Follow up

	Total		Kamalabe Total baby		Kamalabei school		Kamalabei village		Kesengei baby		Kesengei school		Kesengei village	
	1	068	Total= 27		Total= 137		Total= 38		Total= 48		Total= 256		Total= 8	
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%
Dentist	27	3%	1	4%	2	1%	0	0%	1	2%	16	6%	0	0%
Specialist in hospital	8	1%	0	0%	0	0%	1	3%	0	0%	1	0%	0	0%
Revisit	14	1%	0	0%	2	1%	1	3%	0	0%	3	1%	1	13%
X-thorax	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
ECG	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%
Urine + Kidney function	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Bloodtest after 3 months	9	1%	0	0%	0	0%	0	0%	4	8%	3	1%	0	0%
International organisation	9	1%	0	0%	0	0%	1	3%	0	0%	2	1%	0	0%
Other	1	0%	0	0%	0	0%	0	0%	0	0%	1	0%	0	0%

	Kimarek baby Total= 35							Kimarek village		Nakuru Remand home		Nakuru Womans Prison		St Peters school		St Peters village	
			Total=	160	Total=	36	Total=	49	Total=	16	Total=	218	Total=	40			
	Ν	%	n	%	n	%	n	%	n	%	n	%	n	%			
Dentist	0	0%	2	1%	0	0%	0	0%	0	0%	5	2%	0	0%			
Specialist in hospital	0	0%	3	2%	0	0%	0	0%	0	0%	3	1%	0	0%			
Revisit	0	0%	1	1%	2	6%	0	0%	0	0%	3	1%	1	3%			
X-thorax	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%			
ECG	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%			
Urine + Kidney function	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%			
Bloodtest after 3 months	0	0%	1	1%	0	0%	0	0%	0	0%	1	0%	0	0%			
International organisation	0	0%	1	1%	0	0%	2	4%	0	0%	1	0%	2	5%			
Other	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%			